



COMMUNITY RESOURCES AND SUPPORT GUIDE

Resources and programs to support
Dickinson ISD students and families.

**PROVIDED BY THE GATOR WELLNESS
CENTER IN DICKINSON ISD**



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Dickinson ISD



GATOR WELLNESS **CENTER**



Social Emotional Learning (SEL)

- Comprehensive Counseling Program
- Professional School Counselors
- Family & Community Engagement



Mental Health Wellness & Awareness

- Professional Development
- Community Partnerships
- Resources for Families and Staff



Supports & Services

- Student Support Specialist
- Homebound
- Transition Services
- UTMB TCHAT
- Crisis Prevention & Response
- Community Referrals

Dickinson ISD is dedicated to our children, mental health awareness, education, and families. The Gator Wellness Center is located at McAdams Junior High.



For more information:



gwc@dickinsonisd.org or 281-229-6005



GATOR GUIDE FOR FAMILIES

Supports, Guidance & Resources



Helpful for all Children

- Establish Predictability
- Be Consistent
- Create a Safe Place
- Be Positive
- Build a Sense of Trust
- Offer Choices
- Stay Calm
- Build a Support System

Signs a Child is Struggling

- Changes in Behavior
- Anxiety, fear or worry about safety
- Increase of complaints: headaches, stomachaches, or over sensitive to minor bumps
- Avoidance of going places
- Difficulty with redirection or criticism
- Sleep changes: nightmares, bedwetting, sleeping more, unable to sleep
- Loss of Appetite or Overeating
- Isolation

These are a few of the signs a child may need additional support but is not an exhaustive list.

If you need additional support:

- Please contact your child's school counselor:
 - Website: www.dickinsonisd.org/page/gc.home
- The Gator Wellness Center
 - Email: gwc@dickinsonisd.org or 281-229-6005
- Or your child's doctor.





Clubs & Programs

Organization Name	Details
Boys & Girls Clubs of Greater Houston	Website: https://www.bgcgh.org/
4H in Galveston County	Website: https://galveston.agrilife.org/4-h-clubs/
Girl Scouts	Website: https://mygs.girlscouts.org/search:type=TROOP
Scouting America	Website: https://www.scouting.org/
Dickinson Public Library	Website: https://dickinsonpubliclibrary.org/DPL/Programming



Crisis & Emergency Resources

Crisis Hotlines

Organization Name	Details
988 Suicide & Crisis Lifeline	Contact: 988
Gulf Coast Center Crisis 24-Hour Helpline & Mobile Crisis Outreach Team (MCOT) Galveston & Brazoria	Contact: 1-866-729-3848
Harris Center Mobile Crisis Outreach Team (MCOT)	Contact: 713-970-7000
Resource & Crisis Center of Galveston County, Inc	Location: 1204 45th Street, Galveston, TX 77550 Contact: 409-762-1441 24-hour Sexual Assault and Crisis Hotline: 888-919-SAVE (7233) Website: https://www.rccgc.org/ Notes: Free Emergency Shelter and Services
Runaway	Contact: 1-800-RUNAWAY/ 1-800-786-2929
Substance Abuse and Mental Health Services Disaster Distress Helpline	Contact: 1-800-985-5900
Texas Youth Helpline	Contact: Call or Text 1-800-989-6884
Texas 2-1-12	Contact: 211 Notes: Available for crisis support when safety of self and others is not at immediate risk.
Veterans Crisis Line	Contact: Dial 988 then press 1 Text: 838255

Emergency Contacts

Police/Fire Emergency	911
Galveston County Sheriff Non-Emergency	409-766-2300
Bayou Vista Police	409-935-0449
Clear Lake Shores Police	281-334-1034
Clear Lake Shores OEM	281-554-1300
Dickinson Police	281-337-4700
Friendswood Police	281-996-3335

This is a list of resources and not recommendations. Updated August 2025



Dementia and Alzheimer Supports

Organization Name	Details
Alzheimer's Association	Contact: (713) 314-1313 24/7 Helpline: (800) 272-3900 Website: https://www.alz.org/texas Notes: Provides support groups and information to those with dementia and Alzheimer's.
ALL About ALZ with Joan Asseff, LCSW-S	Website: All About ALZ
Aging and Disability Resource Centers	Website: https://www.hhs.texas.gov/services/aging/long-term-care/aging-disability-resource-centers
Area Agencies on Aging (AAA)	Contact: 1-800-252-9240 Website: https://www.hhs.texas.gov/providers/long-term-care-providers/area-agencies-aging-aaa Notes: Provides information for caregivers about available services, assistance in gaining access to services, referrals to programs regarding caregiving and respite care information.
Adult Protective Services	Contact: 24/7 Hotline: 800-252-5400 Notes: Assisting elderly and disabled people that are a danger to themselves.



Dental Resources

Organization Name	Details
University of Texas Dental School	Location: 7500 Cambridge St, Houston 77054 Contact: 713-486-4000 Website: https://dentistry.uth.edu/
MyCHN Community Health Network	Contact: 281-824-1480 Website: https://mychn.org/services/dental-services/



Disability Resources

Organization Name	Details
Gulf Coast Center	Location: https://gulfcoastcenter.org/locations/ Contact: 800-643-0967 Website: https://gulfcoastcenter.org/ Notes: The Gulf Coast Center is Galveston County's Local Mental Health Authority. The Gulf Coast Center offers Mental Health Services, Individuals with Intellectual and Developmental Disabilities (IDD), Substance Use Services, Outreach, Education and Disaster Recovery.
Disability Rights Texas	Location: 1500 McGowen St. Houston, TX 77004 Contact: 713-974-7691 Website: www.disabilityrightstx.org Notes: Disability Rights Texas has a mission to help people with disabilities understand and exercise their rights under the law, ensuring their full and equal participation in society.
Navigate Life Texas	Website: https://www.navigatelifetexas.org/en/ Notes: Resource website designed for Texas families and parents of children with disabilities or special health-care needs.



Domestic Violence Resources

Organization Name	Details
Bay Area Turning Point	Contact: 24/7 Crisis Hotline: 281-286-2525 Website: https://www.bayareaturningpoint.org/ Notes: Services include free/confidential crisis hotline, emergency shelter, food and basic needs support (i.e., food/clothing) and case management.
The Bridge Over Troubled Waters	Contact: 24/7 Crisis Hotline: 281-446-2615 Website: https://tbotw.org/ Notes: Services include free/confidential crisis hotline, emergency shelter, transitional living, counseling services, legal assistance, support groups, and PIVOT program for male batterers.
Family Time Foundation	Contact: 24/7 Crisis Hotline: 281-446-2615 Website: https://familytimeccc.org/ Notes: Services include free/confidential crisis hotline, emergency shelter, rape crisis counseling/accompaniment, legal assistance, counseling services and referrals to outside agencies for support.
Family Services of SE Texas	Location: Contact: 24/7 Crisis Hotline: 409-832-7575 Website: https://focusing-families.org/ Notes: Services include free/confidential crisis hotline, counseling, case management, legal advocacy, emergency shelter services and transportation.
Focusing Families	Contact: 24/7 Crisis Hotline: 1-877-BE-SAFE-9 Website: https://focusing-families.org/ Notes: Services include free/confidential crisis hotline, counseling, case management, legal advocacy, emergency shelter services and transportation.
Galveston County Victim Assistance Unit Contacts	Website: https://www.galvestoncountytexas.gov/our-county/district-attorney/victim-information/victim-assistance-unit-contacts Notes: Assistance in understanding victim rights and the legal process.
Her Well	Location: 511 Velasco St. Brookeshire, TX 77423 Contact: Website: https://herwell.org/ Notes: Services include trauma counseling, medical care, group counseling and basic self-defense training for women who have experienced sexual trauma.
Houston Area Women's Center	Location: 1010 Waugh Drive, Houston, TX 77019 Contact: Domestic Violence Hotline: 713-528-2121 Website: https://hawc.org/ Notes: Services include free/confidential crisis hotline, crisis counseling, community referrals, education, emergency transportation to the shelter,

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Domestic Violence Resources

	access to children's court services and support/accompaniment to hospital if needed. Services available in English and Spanish and there is a language line for other languages.
The Montrose Center	Contact: Helpline: 713-529-3211 Website: https://montrosecenter.org/ Notes: Organization is a safe place/expertise in serving LGBTQIA+ population and specifically survivors of domestic violence, sexual assault and trafficking; as well as all survivors of hate crimes regardless of sexual orientation. Services included helpline, case management, individual/family/group counseling, programs for supporting adolescents.
Northwest Assistance Ministries (Family Violence Center)	Location: 15555 Kuykendahl Rd. Houston, TX 77090 Contact: 281-855-HOPE (4673) Website: https://www.namonline.org/family-center Notes: Services include assistance/support leaving a violent relationship and counseling services.
Resource & Crisis Center of Galveston County, Inc.	Location: 1204 45th Street, Galveston, TX 77550 Contact: 24/7 Crisis Hotline: 888-919-SAFE (7233) Website: https://www.rccgc.org/ Notes: Services include free/confidential crisis hotline and emergency shelter.
SAAFE House	Contact: 24/7 Crisis Hotline: 936-291-3369 Website: https://www.saafehouse.org/ Notes: Services include free/confidential crisis hotline and emergency shelter.



Eating Disorders

Organization Name	Details
ANAD: National Association of Anorexia Nervosa & Associated Disorders	Location: 2825 Wilcrest Drive, Suite 205 Houston TX 77042 Contact: Eating Disorders Helpline: 1-888-375-7767 Website: www.anad.org Notes: Services include free helpline, peer support groups, resources and education about eating disorders.
Center for Discovery	Location: 8588 Katy Freeway, Suite 440 Houston TX 77024 Contact: 1-844-967-0483 Website: www.centerfordiscovery.com Notes: Services include intensive outpatient and partial hospitalization treatment in Houston for ages 10 and up.
Eating Recovery Center of Houston	Location: 7515 S. Main St., Suite 400 Houston, TX 77030 Contact: (281) 299-3120 Website: www.eatingrecovery.com Notes: Services include partial hospitalization program and intensive outpatient program.
Houston Eating Disorders Specialists	Website: www.houstoneds.org Notes: Services include free helpline, peer support groups, resources for treatment and education about eating disorders.
NEDA: National Eating Disorders Helpline	Location: Contact: Eating Disorders Helpline: 1-888-375-7767 Website: www.nationaleatingdisorders.org Notes: Services include education, resources and a free screening tool.
Texas Children's Hospital: Eating Disorder Program	Contact: Main Campus: (832) 822.4887 West Campus: (832) 227.3350 Website: https://www.texaschildrens.org/departments/adolescent-medicine/ Notes: Services include interdisciplinary inpatient and outpatient treatment for adolescent and young adults ages 10-21.



Faith-Based Charities

Organization Name	Details
Catholic Charities Angleton	Location: 415 S Erskin Street Contact: 713-874-6664 Website: www.catholiccharities.org
Salvation Army Galveston	Location: 601 51st Street Contact: 409-763-1691 Website: www.salvationarmyusa.org
Women, Infants and Children	Location: 9850-B Emmett F. Lowry Expy Contact: 409-949-3471 or 409-949-3475 Website: https://www.gnhd.org



Financial, Nutrition, & Medication Assistance

Organization Name	Details
River of Hope	Location: 796 S Hwy 288B Clute, TX 77531 Contact: 979-299-9464 Website: info@riverofhopetx.org
Brazoria County Dream Center	Location: 792 South Brazosport Blvd Clute Texas 77531 Contact: 979-38-0280 Website: www.bcdreamcenter.org
Access Care of Coastal Texas	Location: 707 23rd St. Galveston Texas 77550 Contact: 409-763-2437 Website: https://www.acctexas.org
Pearland Neighborhood	Location: 2335 N Texas Ave Pearland Texas Contact: 281-485-1987 Website: info@pnctexas.com
Galveston County Community Action Council	Location: 4700 Broadway Rm. C100 Contact: 409-762-8418 Website: https://www.gccac.org



Food Support

Organization Name	Details
United Way Helpline	Contact: Dial 211 Website: https://referral.unitedwayhouston.org Notes: A free helpline operated by United Way of Greater Houston 24 hours a day, 7 days a week in many languages. 211 provides information and referral for health and human services in your area.
MI Lewis Social Service Center	Location: 215 FM 517 Rd E, Dickinson, TX 77539 Contact: (281) 534-2043 Website: https://www.milewisctr.org/ Notes: The mission of M.I. Lewis Social Service Center is to render aid to individuals with emergency needs, to make referrals to other agencies for additional support and to encourage its clients toward self-sufficiency. MI Lewis offers Food Pantry Assistance, Emergency Financial Assistance, Senior Food Deliver, Food Fairs, School Supply Assistance, Thanksgiving Assistance and Self-Sufficiency.
Lighthouse Christian Ministries	Location: 800 Grand Ave, Bacliff, TX 77518 Contact: (281) 339-3033 Website: https://lighthousecm.org/ Notes: Lighthouse Christian Ministries is dedicated to providing the resources and opportunities needed to help low-income and underserved individuals and families in the upper Galveston Bay area move toward self-sufficiency. Positive life changes are encouraged through structured programs. Our purpose is to provide families with hope by meeting both tangible and spiritual needs, while serving each individual with dignity and respect. Lighthouse Christian Ministries offers Short-Term Assistance, Educational Programs, Health & Dental Ministries, Outreach Programs and Resale Shop.



Galveston County Hospitals

Organization Name	Details
Houston Physicians' Hospital	Location: 333 N Texas Ave #4100, Webster, TX 77598 Contact: 281-957-6058 Website: https://www.houstonphysicianshospital.com/
UTMB Health League City Campus	Location: 2240 Gulf Fwy S, League City, Tx 77573 Contact: 409-772-1011 Website: https://www.utmbhealth.com/
HCA Mainland Hospital	Location: 6801 Emmett F Lowry Expy, Texas City, TX 77591 Contact: (409) 938-5000 Website: https://www.hcahoustonhealthcare.com/
John Sealy Hospital	Location: 301 8th St, Galveston, TX 77555 Contact: (409) 772-1011 Website: https://www.utmbhealth.com/locations/hospitals-campuses
UTMB Health Clear Lake Campus Hospital	Location: 200 Blossom St, Webster, TX 77598 Contact: (832) 632-6500 Website: https://www.utmbhealth.com/locations/hospitals-campuses/clear-lake-campus/hospital



Grief Resources

Organization Name	Details
3A Bereavement Foundation	Location: 5330 Griggs Road, Suite A108 Houston TX 77021 Contact: (713) 649-3232 Website: www.3abereavement.org Notes: Services include assistance for funeral services, community resource referrals, grief counseling and crime victim services *Call for qualification
Bo's Place	Location: 10050 Buffalo Speedway Houston TX 77054 Contact: (713) 942-8339 Website: www.bosplace.org Notes: Services include free grief counseling, support groups and community referrals for children ages 3 and up and families.
Compassionate Friends	Website: www.compassionatefriends.org Notes: Services include supporting families who have experienced the death of a child.
Grief Share	Website: www.griefshare.org Notes: Services include grief counseling and support groups Enter zip code on website and find groups in area



Homeless/Unaccompanied Resources

Organization Name	Details
The Beacon	Location: 1212 Prairie St. Houston TX 77002 Contact: 713-220-9737 Website: www.beaconhomeless.org Notes: Services include homeless shelter and supportive housing.
Coalition for the Homeless	Location: 2000 Crawford Street, Suite 700 Houston TX 77002 Contact: 713-739-7514 Website: www.homelesshouston.org
Dickinson ISD McKinney Vento Liaison	Location: Gator Wellness Center Contact: 281-229-6643 Website: https://www.dickinsonisd.org/page/gc.studentsupport Notes: Supports Dickinson ISD homeless and unaccompanied students.
Galveston Housing Authority	Contact: 409-765-1900 Website: https://www.ghatx.org/ Notes: GHA creates excellent housing options by fostering public/private partnerships with best in class real estate developers, property managers, and service providers to leverage public funds with private investment and empower individuals, families and communities by providing tools and opportunities to move in, up, and out.



Human Trafficking

Organization Name	Details
Elijah Rising	Location: 402 Teetshorn Houston, TX 77009 Contact: 832-628-3429 Website: https://www.elijahrising.org/ Notes: Services include supportive restorative care for women survivors of trafficking, compassionate 24/7 care, providing a stable family environment, and healthy therapeutic services.
Free the Captives	Location: 2211 Rayford Road Suite 111-418 Spring, TX 77386 Contact: 281-901-0794 Website: www.freethecaptiveshouston.com Notes: Services include direct support for teenaged sex trafficking victims, victim assistance and advocacy.
Freedom Place - Arrow Child and Family Ministries	Location: 2929 FM 2920 Rd. Spring, TX 77388 Contact: 218-210-1500 Website: https://www.arrow.org/foster-care/restoration-foster-care/ Notes: Services include support for parents fostering commercial and sexually exploited children and youth.
The Landing	Location: 9894 Bissonnet St. Suite 605 Houston, TX 77036 Contact: 713-766-1111 Website: https://thelanding.org/ Notes: Services include a drop-in center and advocacy for youth.
National Human Trafficking Hotline	Contact: Hotline: 1-888-373-7888 (TTY: 711) Chat Online: https://humantraffickinghotline.org/chat Crisis Text Line: 233733
Redeemed Ministries	Location: 19555 Wied Road Spring, TX 77388 Contact: 281-241-7457 Website: https://redeemedtx.org Notes: Services included restorative trauma informed services for adult survivors of domestic sex trafficking and connections with community partners.
Texas Department of Family and Protective Services Human Trafficking Resources	Website: https://www.dfps.texas.gov/Investigations/Human_Trafficking/resources.asp
Unbound Now Houston	Contact: 24/7 Response Line: 346-202-4299 Houston Office: 346-313-7669 Website: https://www.unboundhouston.org/ Notes: Services include support and resources to survivors, community advocacy to fight human trafficking in 3 ways: prevention and awareness, professional training, and survivor advocacy.



Human Trafficking

United Against Human
Trafficking

Location: 6671 Southwest Freeway Houston, TX 77074

Contact: 713-874-0290

Website: <https://uaht.org/>

Notes: Organization committed to end human trafficking and exploitation through education, outreach, and empowerment. Services include education, outreach, case management, youth programs and direct services for at risk individuals and survivors.



Legal Assistance

Organization Name	Details
Aid to Victims of Domestic Abuse	Location: 1001 Texas Ave #600, Houston, TX 77002 Contact: (713) 224-9911 Website: https://avda.org/ Notes: Can assist with legal aid, counseling, residential services, and other additional resources related to domestic violence.
America Family Law Center	Contact: (713) 329-5200 Website: https://americafamilylawcenter.org/services/ Notes: Custody resource; can assist with facilitating access to divorced/single parent resources, domestic violence, family support, divorce etc.
Beacon Law - Pro Bono Texas	Location: 1301 Texas Ave. Houston, TX 77002 Contact: (713) 220-9780 Website: https://probonotexas.org/organizations/beacon-law Notes: Can assist with several areas of law such as benefits, civil rights, family, immigration, expunction/non-disclosures etc.
Cathedral Justice Project	Location: 1212 Prairie, Houston TX 77002 Contact: 713-220-9780 Website: www.cjphouston.org Notes: Services include legal assistance for homeless and low-income veterans, misdemeanor tickets in any jurisdiction.
CASA of Galveston County	Location: 600 Gulf Freeway, Suite 228, Texas City, TX 77591 Contact: 409-571-2552 Website: https://casagalveston.org/ Notes: Provides children in the custody of cPS with a community volunteer to advocate for them in court.
Family Law Rights	Contact: (888) 848-8522 Hours: Mon-Fri (7:00am-7:00pm) / Sat (9:00am-2:00pm) Website: https://www.familylawrights.net/ Notes: Custody resource; can provide assistance with divorce, father's rights, child support etc.
Houston Volunteer Lawyers	Location: 1111 Bagby Street, FLB 300, Houston, TX 77002 Contact: (713) 228-0736 Website: https://www.makejusticehappen.org/ Notes: Can assist with several areas of law such as family law, guardianship, housing etc.



Legal Assistance

Lone Star Legal Aid	Contact: (713) 652-0077 Website: https://www.lonestarlegal.org/services/family-law/ Notes: Custody resource; can assist with legal issues that impact the family such as divorce, child/spousal support, family violence, child abuse etc.
State Bar of Texas-Can't Afford a Lawyer?	Website: https://www.texasbar.com/AM/Template.cfm?Section=Can%20t%20Afford%20an%20Attorney Notes: Can assist with several areas of law.
Texas Access & Visitation	Contact: (866) 292-4636 Hours: Mon-Fri (1:00pm-5:00pm) Website: https://www.txaccess.org/ Notes: Custody resource; provides easy access to basic legal information, education and resources about custody, child support order process, modifications and enforcements.
Texas Health and Life	Website: https://www.texashealthandlife.com/texas-legal-aid-for-child-custody/ Notes: Custody resource.
Texas State Law Library-Legal Hotline	Website: https://guides.sll.texas.gov/legal-help/hotlines#slg-box-wrapper-38275955 Notes: Can assist with several areas of law.



Medical Resources

Organization Name	Details
MyCHN Community Health Network	Website: https://mychn.org/ Notes: MyCHN offers Primary Care, Women's Health, Pediatrics, Behavioral Health, Dental, and Speciality Care.
Christus Point of Light Clinic	Location: 2401 Termini St., Suite 100-D, Dickinson, TX 77539 Contact: 713-803-1830 Website: https://christusfoundation.org/programs/christus-point-light-clinic/ Notes: Provides affordable healthcare.
Coastal Health & Wellness	Location: 9850-C Emmett F. Lowry Expy, Texas City, TX 77591 Contact: 409-938-2234 Website: https://www.coastalhw.org/ Notes: They offer medical, dental and counseling services.
San Jose Clinic of the Archdiocese of Galveston Houston	Contact: 713-228-9411 Website: https://www.sanjosecclinic.org/ Spanish Application English Application
Legacy Health-Federally Qualified Health Center	Contact: 832-548-5000 Website: https://www.legacycommunityhealth.org/
St. Hope Healthcare	Contact: 713-778-1300 Website: https://www.offeringhope.org/
El Centro de Corazon	Contact: 713-660-1880 Website: https://www.elcentrodecorazon.org



Mental Health Resources

Gulf Coast Center is Galveston County's Local Mental Health Authority (LMHA)

A Local Mental Health Authority (LMHA) is a government-designated agency or organization responsible for planning, coordinating, and providing mental health services within a specific geographic area—typically a county or region. These authorities are usually part of a state's public mental health system and often serve as the main point of access for mental health services, especially for individuals with limited resources.

Services Typically Provided:

- Crisis intervention and stabilization
- Outpatient therapy and psychiatric services
- Case management
- Inpatient referrals
- Services for serious mental illness (SMI)
- Youth and family support
- Substance use disorder treatment (in some areas)

Key Roles:

- Gatekeeping for public mental health services
- Coordinating care across agencies
- Managing contracts with private service providers
- Providing direct services or overseeing them

Contact: 800-643-0967

Website: <https://gulfcoastcenter.org/>

24-Hour Crisis Hotline: 866-729-3848

Organization Name	Details
UTMB Texas Child Health Access Through Telemedicine (TCHATT)	Contact: Please contact your child's school counselor for a referral. Website: https://www.utmb.edu/psychiatry/tcmhcc Notes: Any Student enrolled in Dickinson ISD can see a psychiatrist, psychologist or counselor for free.
Family Service Center of Galveston County	Location: For students please contact your child's school counselor for a referral. Dickinson ISD houses 2 Family Service Center therapists at the high school and one at each junior high. For adults please use the contact information below. Contact: 409-762-8636 Website: https://fsc-galveston.org/
MyCHN Community Health Network	Contact: 281-824-1480 Website: https://mychn.org/services/bh/
DePelchin Children's Center	Website: https://www.depelchin.org/ Notes: Provides Foster Care Support, Adoption Support, Kinship Care, Residential Programs, Counseling, and Parenting Programs.

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Mental Health Resources

Crisis Intervention Of Houston	Location: 5322 W Belfort Ave. Houston Texas, 77035 Contact: 832-416-1177 Website: www.crisishotline.org Notes: Teen Crisis Hotline 832-416-1199 Crisis Teen Text 281-201 1130; These lines are open 24/7 for free and all information is confidential.
Mental Health America of Greater Houston	Location: 2211 Norfolk St. Suite 810 Houston, Texas 77098 Contact: 713-523-8963 Website: www.mhahouston.org
National Alliance of Mental Illness (NAMI) of Greater Houston	Contact: 713-970-4419 Website: www.namigreaterhouston.org Notes: Non Profit agency dedicated to providing advocacy, education, support and public awareness of individuals and families impacted by mental illness.
National Suicide Prevention Lifeline	Contact: Dial 988 Notes: National Lifeline provides 24/7 free and confidential support for people in distress, resources for people and loved ones.
The Trevor Project	Contact: Crisis Support Line: 1-866-488-7386 Crisis Support Text Line: Text "START" to 678-678 Notes: Agency whose mission is to end suicide among LGBTQ young people with services that include crisis support, advocacy, research and education.

Inpatient Psychiatric Hospitals

Organization Name	Details
John S. Dunn	Location: 5615 H. Mark Crosswell Jr. Street, Houston Contact: 713-500-1500 Website: https://www.uth.edu/dunn-behavioral-sciences-center/treatments/ Ages: Youth ages 4-17 & Adults
West Oaks Hospital	Location: 6500 Hornwood Drive, Houston Texas 77074 Contact: (713) 995-0909 Website: https://westoakshospital.com/ Age: 5+
Houston Behavioral Healthcare	Location: 2801 Gessner Rd. Houston, Tx 77080 Contact: 832-834-7710 Website: https://www.houstonbehavioralhealth.com/ Age: 6+, Military, Juvenile Contract
Kingwood Pines	Location: 2001 Ladbrook Dr, Houston Texas 7339 Contact: 281-404-1001 Website: https://kingwoodpines.com/ Age: 8+

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Mental Health Resources

Riverside	Location: 3204 Ennis St. Houston, Texas 77004 Contact: 713- 526-2441 Website: http://www.riversidegeneralhospital.org/ Age: 10+
Behavioral Hospital of Bellaire	Location: 5314 Dashwood Drive, Houston Texas 77404 Contact: 713-600-9500 Website: https://bhbhospital.com/ Age: 12+
Westpark Spring	Location: 6902 S Peek Rd, Richmond, TX 77407 Contact: (832) 535-2770 Website: https://westparksprings.com/ Age: 13+, Military, 11+ out patient
Cypress Creek Hospital	Location: 17750 Cali Dr. Houston, Texas 77090 Contact: (281)586-7600 Website: https://www.cypresscreekhospital.com/ Age: 13+ Military
West Park Springs	Location: 6902 S Peek Rd, Richmond, TX 77407 Contact: (832) 535-2770 Website: https://westparksprings.com/ Age: 13-18; 55+
Aspire Hospital	Location: 2006 S Loop 336 W Ste 500, Conroe, TX 77304 Contact: (936) 647-3500 Website: https://www.aspirehealthcorp.com/ Age: 18+ (medical and detox)
SUN Behavioral Health Hospital	Location: 7601 Fannin St Houston, Texas 77054 Contact: (713) 715-4297 Website: https://sunhouston.com/ Age: Youth/Adults Military, PICU
Lonestar Behavioral	Location: 16303 Grant Rd. Cypress, Texas Contact: (281) 516-6200 Website: https://lonestarbehavioralhealth.com/ Age: Adults
Medical Behavioral Hospital of Clear Lake	Location: 16850 Buccaneer Ln. Houston, Texas 77058 Contact: 346-388-0012 Website: https://www.neuropsychiatric hospitals.net/ Age: Adults
Methodist Hospital	Location: 6565 Fannin St., Houston Texas 77030 Contact: (713) 790-3311 Website: https://www.houstonmethodist.org/ Age: Adults



Mental Health Resources

Mainland Medical Center	Location: 6801 Emmett F Lowry Expy, Texas City, TX 77591 Contact: (409) 938-5112 Website: https://www.hcahoustonhealthcare.com/ Age: Seniors
Oceans Behavioral Health Care	Location: 1705 Jackson St. Richmond Texas Contact: (281) 492-8888 Website: https://oceanshealthcare.com/ Age: Geriatric Life Style
Oakbend	Location: 1705 Jackson Street Contact: 281-341-3000 Website: https://oakbendmedcenter.org/ Age: Geriatric Lifestyle
San Jacinto Methodist	Location: 4401 Garth Rd. Baytown, Texas 77521 Contact: 281-420-8600 Website: https://www.houstonmethodist.org/



Pregnancy & Parenting Resources

Organization Name	Details
Adria Women's Health	Location: 1000 Emmett F. Lowry Expressway, Suite 1240, Texas City, TX 77591 Contact: 409-945-2888 Website: https://adriawomenshealth.org/ Notes: Services are no-cost and confidential.
Anchor Point	Location: 103 Davis Road, Suite B, League City, TX 77573 Contact: 832-632-1221 Website: https://anchorpoint.us/
Pregnancy Help Center Galveston	Location: 1709 23rd Street, Galveston, TX 77550 Contact: 409-443-5059 Website: https://pregnancyhelpcentergalveston.org/
DePelchin Children's Center	Website: https://www.depelchin.org/ Notes: Provides Foster Care Support, Adoption Support, Kinship Care, Residential Programs, Counseling, and Parenting Programs.
Family Service Center Fatherhood Program	Contact: 281-576-6366 or 409-762-8636 Website: https://fsc-galveston.org/the-fatherhood-program/ Notes: Our Fatherhood Program now provides free counseling and parenting groups for fathers and their families in Galveston and Wharton Counties. These group meetings center around important fatherhood-related topics, including positive discipline strategies, co-parenting, effective communication, and manhood. An eligible participant must be a father or father-figure to a child between the ages of 0-1
Obria Medical Clinic	Location: 103 Davis Road, Suite K, League City, TX 77573 Contact: 832-632-4555 Website: https://obria.org/houston/
The Bridge Across for Single Parents and Stepfamilies	Contact: 832-776-2120 Website: https://www.thebridgeacross.com/
Women, Infants & Children (WIC)	Location: 2401 Termini Street, Dickinson, TX 77539 Contact: 281-337-7606 Website: https://office.texaswic.org/texas/dickinson/77539/2401-termini-st-suite-b-100/dickinson-wic-clinic Notes: Children younger than 5, pregnant or breastfeeding mothers in Dickinson can benefit from the WIC program, which provides healthy food, nutrition classes and one-on-one counseling with nutritionists. Additionally, the WIC office offers breastfeeding support and tips to help mothers successfully breastfeed their babies.



Pregnancy & Parenting Resources

Work Source Solutions

Website:

<https://www.wrksolutions.com/for-individuals/financial-aid/financial-assistance-for-child-care>

Notes: Child Care Assistance



Sexual Assault Resources

Organization Name	Details
Aid to Victims of Domestic Assault (AVDA)	Location: 1001 Texas Ave #600, Houston, TX 77002 Contact: 713-224-9911 Website: www.avda.org Notes: Services include intervention/prevention programs and legal representation for survivors.
Bay Area Turning Point	Location: 210 S. Walnut Webster TX 77598 Contact: 24- Hour Hotline: 281-286-2525 Website: https://www.bayareaturningpoint.org/ Notes: Free and Confidential Hotline for victims of sexual assault and domestic violence.
Child Advocates of Fort Bend	Location: 5403 Avenue N Rosenberg, TX 77471 Contact: 281-341-9955 Website: https://www.cafb.org/ Notes: Services include forensic interviews, victim and family advocacy, medical referrals, therapy/mental health services, case coordination and criminal court advocacy. All services are offered in English and Spanish.
The Children's Assessment Center (CAC) Houston	Location: 2500 Bolsover St, Houston, TX 77005 Contact: 713-986-3300 Website: https://cachouston.org/ Notes: Provides a supportive and safe environment for sexually abused children and their families. Services include family advocacy and victim support, medical exams, and mental health services. All services are offered in English and Spanish.
DAYA	Contact: Confidential Helpline: 713-981-7645 Website: https://www.dayahouston.org/ Notes: Supports South Asian Survivors of domestic and sexual violence through culturally specific services.
Resource & Crisis Center of Galveston County, Inc	Location: 1204 45th Street, Galveston, TX 77550 Contact: 409-762-1441 24-hour Sexual Assault and Crisis Hotline: 888-919-SAVE (7233) Website: https://www.rccgc.org/ Notes: Free Emergency Shelter and Services



Shelter and Housing Resources

Homeless Shelters & Overnight/Day Shelters

Organization Name	Details
Bay Area Homeless Services	Location: 3406 Wisconsin St, Baytown, TX 77520 Contact: 281-837-1654 Website: https://bahs-shelter.org/ Notes: Assists homeless and those at risk of homelessness to attain self-sufficiency, acquire permanent housing, and return to independent living by providing an array of supportive services.
Resource and Crisis Center of Galveston County, Inc.	Location: 1204 45th St, Galveston, TX 77550 Contact: 409-763-1441 Website: https://www.rccgc.org/ Notes: Free emergency Shelter and Services (24 hour - Sexual Assault and Crisis Hotline, residential and non-residential services, and referrals to legal services)
Salvation Army-Galveston County Command	Location: 601 51st St, Galveston, TX 77551 Contact: 409-763-1691 Website: https://southernusa.salvationarmy.org/galveston Notes: Emergency and transitional shelter, grocery assistance, daily community meal
The Bridge Over Troubled Waters-Baytown & Pasadena	Location: Pasadena - 3811 Allen-Genoa Rd, Pasadena, TX 77504 Baytown - 1300 Rollingbrook Dr, Baytown, TX 77521 Contact: Pasadena - 713-472-0753 Baytown - 713-473-2801 Website: https://tbotw.org/ Notes: Short term emergency shelter along with long term residential care for women and children who are victims of domestic violence or sexual assault. Outpatient counseling and advocacy services for women and children to address their basic needs.
Bay Area Turning Point	Location: 210 S Walnut St, Webster, TX 77598 Contact: 281-338-7600 Confidential Hotline: 281-286-2525 (sexual assault & domestic violence) Website: www.bayareaturningpoint.org Notes: 24 hour hotline, women's shelter and walk-in crisis intervention center for women and children impacted by family violence and sexual assault. Child care and counseling are provided free for those impacted by domestic violence.
Beacon of Hope Center-Texas City	Location: 712 5th Ave. North Texas City, TX 77590 Contact: 409-948-0405 Website: https://catholiccharities.org/galveston/ Notes: Provides food, clothing, shelter and a network of support services to people of all ages. Appointments preferred. Housing & Utility Assistance. Emergency financial assistance.

This is a list of resources and not recommendations. Updated November 2024



Shelter and Housing Resources

Houston Area Women's Center	Location: 3077 El Camino St, Houston, TX 77054 Contact: 713-528-2121 Domestic Abuse 713-528-7273 Sexual Assault Website: www.hawc.org Notes: 24 hour hotline and emergency shelter for battered women and their children for up to 90 days. Provides domestic violence information, public awareness training and a referral hotline.
Sarah's House: New Beginnings	Location: 711 Perla Rd, Pasadena, TX 77502 Contact: 713-475-1480 Website: https://www.sarahshouse.org/index.html Notes: Provides a sanctuary of care through their residential and non-residential services. They offer a safe space for families seeking refuge and the tools they need to rebuild independent lives.
Family Promise of Clear Creek	Location: League City, TX 77574 Contact: 832-932-3963 Website: https://www.ccfamilypromise.org/ Notes: Overnight shelter

Domestic Abuse & Sexual Assault Shelters

Bay Area Turning Point	Location: 210 S Walnut St, Webster, TX 77598 Contact: 281-338-7600 Confidential Hotline: 281-286-2525 (sexual assault & domestic violence) Website: www.bayareaturningpoint.org Notes: 24 hour hotline, women's shelter and walk-in crisis intervention center for women and children impacted by family violence and sexual assault. Child care and counseling are provided free for those impacted by domestic violence.
The Bridge Over Troubled Waters-Baytown & Pasadena	Location: Pasadena - 3811 Allen-Genoa Rd, Pasadena, TX 77504 Baytown - 1300 Rollingbrook Dr, Baytown, TX 77521 Contact: Pasadena - 713-472-0753 Baytown - 713-473-2801 Website: https://tbotw.org/ Notes: Short term emergency shelter along with long term residential care for women and children who are victims of domestic violence or sexual assault. Outpatient counseling and advocacy services for women and children to address their basic needs.
Familytime Crisis & Counseling Center	Location: 1203 S Houston Ave, Humble, TX 77338 Contact: 281-446-2615



Shelter and Housing Resources

	Website: https://familytimeccc.org/ Notes: Temporary safe housing
Focusing Families	Location: 124 W Commerce St, Brenham, TX 77833 Contact: 877-237-2339 Website: https://focusing-families.org/

Transitional Housing

Brigid's Hope	Location: 1212 Prairie St, Houston, TX 77002 Contact: 713-220-9737 Website: https://www.beaconhomeless.org/brigidshope Notes: Women on parole or released for a halfway house
Rights of Passage	Location: 3413 Stanford Houston, TX 77006 Contact: 713-523-2231 Website: https://www.findhelp.org/covenant-house-texas-%2528cht%2529--houston-tx-rights-of-passage-%2528rop%2529/4527579155529728?postal=77027
Santa Maria Hostel	Location: 2605 Parker Road Houston, TX 77093 Contact: 713-691-0900 Website: https://www.santamariahostel.org/
Sally's House	Location: 1717 Congress St Houston, TX 77002 Contact: 713-223-8889 Website: https://downtownhouston.org/go/sallys-house
Star of Hope Mission	Location: Doris and Carlos Morris Men's Development Center, 1811 Ruiz St, Houston, TX 77002 Contact: 713-227-8900 Website: https://www.sohmission.org/
Catholic Charities	Location: Guadalupe Center, 326 S Jensen Dr Houston, USA TX 77003 Contact: 713-227-9981 Website: https://catholiccharities.org/ Notes:
Women's Home	Location: 607 Westheimer Rd, Houston, TX 77006 Contact: 713-521-3150 Website: https://www.thewomenshome.org/
Wellsprings, Inc.	Location: Houston, TX 77231 Contact: 713-529-6559 Website: https://wellspringsvillage.org/



State Benefits Programs

Organization Name	Details
Texas Health and Human Services	<p>Location: Houston Office: 2133 S. Texas 6, Houston, TX 77077</p> <p>Contact: 281.597.5200</p> <p>Website: https://www.hhs.texas.gov/</p> <p>Apply Online: www.yourtexasbenefits.com</p> <p>Notes: Apply for state benefits such as Medicaid, Children's Health Insurance Program (CHIP), Supplemental Nutrition Assistance Program (SNAP), and Temporary Assistance for Needy Families (TANF) all through their online system. Contact 2-1-1 to get connected to a community agency to assist you with completing the application.</p>
Office of Attorney General's Office - Child Support Division	<p>Location: 5300 FM 2004, La Marque, TX 77568</p> <p>Contact: 800-252-8014</p> <p>Website: https://www.texasattorneygeneral.gov/child-support</p> <p>Notes: The Child Support Division of the Office of the Attorney General is on a mission to make sure every child receives the support they need and deserve.</p>
Women's Infant Children Program (WIC)	<p>Location: Dickinson Clinic: 2401 Termini Street, Dickinson, TX 77539</p> <p>Contact: 281-337-7606</p> <p>Website: https://www.gchd.org/about-us/community-health-services/women-infants-and-children-wic</p> <p>Notes: The Women, Infants, and Children (WIC) division provides supplemental foods, health care referrals, and nutrition education for low-income pregnant, breastfeeding and non-breastfeeding postpartum women, and to infants and children up to age five who are found to be at nutritional risk.</p>
SNAP Food Benefits	<p>Website: https://www.hhs.texas.gov/services/food/snap-food-benefits</p> <p>Notes: The Supplemental Nutrition Assistance Program (SNAP) helps people buy the food they need for good health. People also can buy garden seeds with SNAP benefits.</p>



Substance Use Resources

Organization Name	Details
Al-Anon and Ala-Teen	Location: 9800 Northwest Freeway Suite 201 Houston Texas 77092 Contact: (713) 683-7227 Website: https://houstonalanon.org/
Alcoholics Anonymous	Location: 5151 Mitchelldale, Suite B10 Houston, Texas 77092 Contact: 713-686-6300 Website: https://aahouston.org/
Bay Area Council on Drugs and Alcohol (BACODA)	Website: https://www.bacoda.org/
Cenikor Foundation (Odyssey House)	Location: 5629 Grapevine Street Houston, Texas 77085 Contact: 1-888-236-4567 Website: https://www.cenikor.org/contact/
Gulf Coast Center	Contact: 800-643-0967 Website: https://gulfcoastcenter.org/substance-use-services/
Houston Area Council on Recovery	Location: 303 Jackson Hill Street, Houston Texas 77007 Contact: 713-942-4100 Website: https://www.councilonrecovery.org/
Kemah Palms Recovery	Location: 1013 Delesandri Lane, Kemah, TX 77565 Contact: 855-568-0218 Website: https://www.kemahpalms.com/
New Dimensions Day Treatment Center	Location: 439 Mason Road Ste B Katy, Tx 77450 Contact: 1-800-685-9796 Website: https://nddtreatment.com/



Transportation

Organization Name	Details
Gulf Coast Transit District	Contact: 1-800-266-2320 Website: www.gulfcoasttransitdistrict.com/routes Notes: Micro-transit is a flexible and cost-effective transport service that combines buses and vans to pick up and drop off passengers along dynamic routes. 48 hour notice needed.
Medicaid Medical Transportation	Contacts: No Plan: 1-877-633-8747 Aetna: 1-866-411-8920 Amerigroup STAR: 1-833-721-8184 Amerigroup STAR+PLUS: 1-844-867-2837 Amerigroup STAR Kids: 1-844-864-2443 Amerigroup MMP: 1-844-869-2767 Amerigroup TTY: 1-855-823-8587 (711) Blue Cross Blue Shield: 1-866-824-1565 Community First Health Plan of Texas: 1-888-444-0307 Community Health Choice: 1-844-572-8194 Molina Healthcare of Texas: 1-866-462-4857 Texas Children's Health Plan: 1-888-401-0170 United Healthcare STAR Kids: 1-866-528-0441 United Healthcare STAR+PLUS/STAR/CHIP: 1-866-528-0441 United Healthcare MMP: 1-866-427-6607



Vision Resources

Organization Name	Details
Lions Club SightFirst Program	Website: https://e-clubhouse.org/sites/bacliff_san_leon_bayside/index.php
St. Hope HealthCare Optometry	Location: 3750 Medical Park Dr. #150, Dickinson, TX 77539 Contact: 713-778-1300 Website: https://www.offeringhope.org/healthcare-services/optometry
Prevent Blindness Texas	Website: https://texas.preventblindness.org/
Blindness Education, Screening and Treatment (BEST) Program	Website: https://www.hhs.texas.gov/services/disability/blind-visually-impaired/blindness-education-screening-treatment-best-program Notes: BEST provides free vision screenings and financial assistance to Texas residents for medically urgent eye treatment with a referral from your ophthalmologist. For 18 and up.
EyeCare America	Website: https://www.aao.org/eyecare-america Notes: EyeCare America® is a public service program of the American Academy of Ophthalmology that provides uninsured and underinsured individuals 18 years and older with access to medical eye exams.
VSP Eyes of Hope	Website: https://www.vspvision.com/eyes-of-hope.html Notes: Provides access to no-cost eye care, eyewear, and disaster relief in places where it's needed most.



tcmhcc
Texas Child Mental
Health Care Consortium

TCHATT
Texas Child Health Access
Through Telemedicine

Why Choose TCHATT?

Texas Child Health
Access Through
Telemedicine (TCHATT)

- TCHATT provides FREE access to mental health services to students in participating school districts.
- The TCHATT program offers therapy interventions, medication management, resources, and mental health support.
- TCHATT is a telemedicine service with a limited wait time for your appointment.
- TCHATT can help answer questions about your child's mental health.
- TCHATT can provide community-based resources following treatment.



We Specialize in

- Depression
- Anxiety
- Behavioral Concerns
- ADHD
- Trauma



A TCMHCC
Participating
Agency



For more information please contact your child's
school counselor or the Gator Wellness Center at
281-229-6005 or gwc@dickinsonisd.org.



Family Service Center's mission is to promote the mental health and well-being of individuals and families through counseling, education, and prevention.

Who we serve:

**Families, individuals, children, teenagers, couples, parents, caregivers,
Texas resident veterans their dependents & surviving spouses**



Appointments are available in person or virtually upon request. All Services are confidential

(*) Grant-funded services offered free of charge.



Our SMART services support families with children ages 0-17 by promoting communication and cooperation through group sessions in schools, offices, and community settings, helping build skills and connections, with free services available during the school year for qualifying families.

SMART Program*
Supporting Mental Health and Resiliency in Texas

OUR OFFICES



TEXAS CITY LOCATION- MAINLAND

10000 EMMETT F. LOWRY EXPWY, SUITE 4000-300D
TEXAS CITY, TEXAS 77591



GALVESTON LOCATION

SHEARN MOODY PLAZA (7TH FLOOR)
123 ROSENBERG ST. GALVESTON, TX 77550



***BAYTOWN LOCATION**

4721 GARTH RD. BAYTOWN, TX 77521 SUITE-B-400

Scan our QR code





COMMUNITY RESOURCES AND SUPPORT GUIDE

